



RETE CURE SICURE FVG



ASU FC
Azienda sanitaria
universitaria
Friuli Centrale



REGIONE AUTONOMA
FRIULI VENEZIA GIULIA

GIORNATA REGIONALE DELLA SICUREZZA E QUALITÀ DELLE CURE 2022

Udine

13 Dicembre 2022

Palazzo della Regione

Auditorium "A. Comelli"

La relazione tra empowerment del cittadino e rischio clinico: le evidenze scientifiche

*Sara Albolino – PhD, Responsabile Organizzazione Sviluppo e Qualità
Azienda Ospedaliero Universitaria Policlinico Umberto I*

In collaborazione con Elena Beleffi – Centro GRC



GRC
Centro Regionale
Gestione Rischio Clinico
e Sicurezza del Paziente



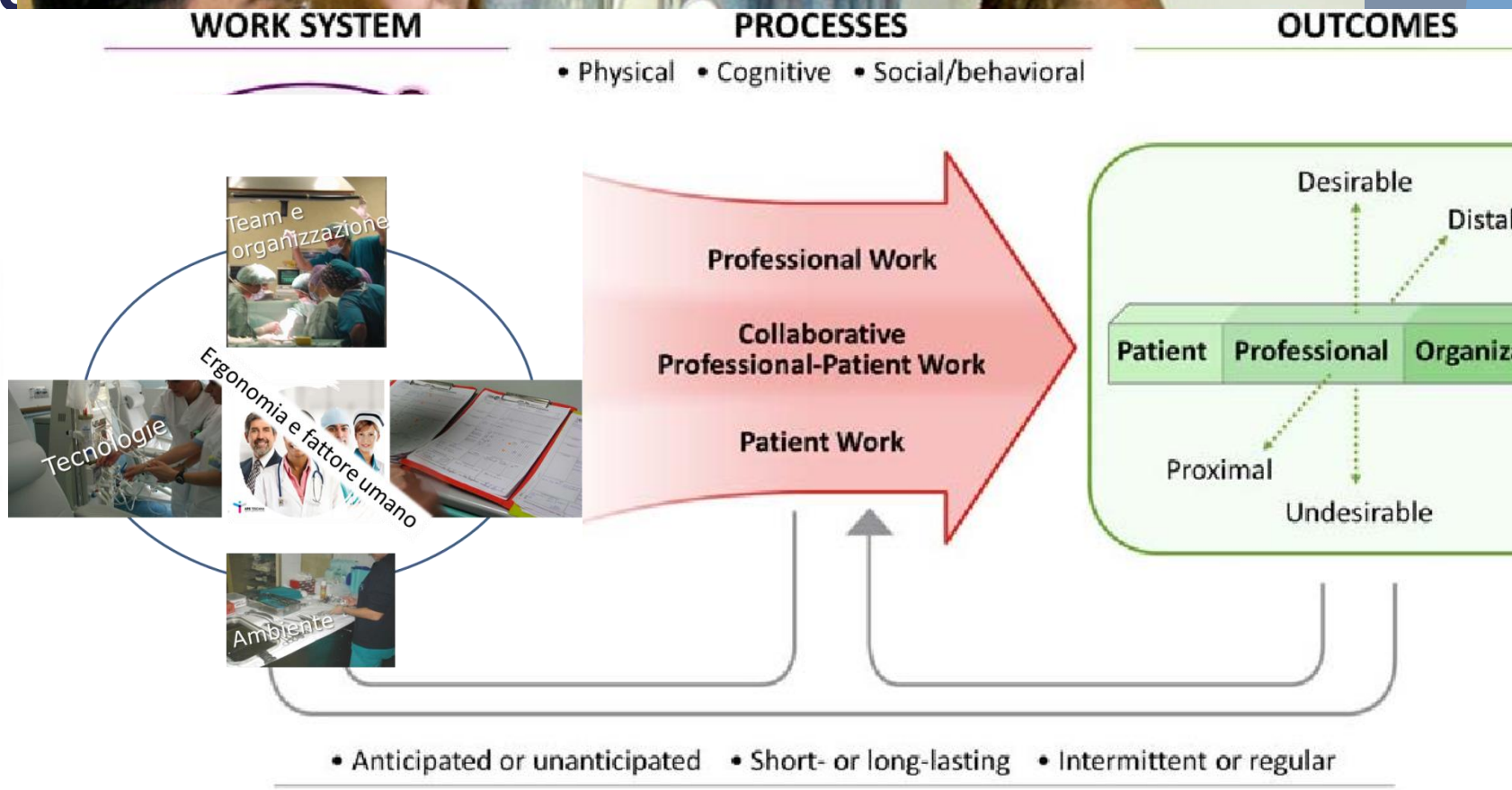
SISTEMA SANITARIO REGIONALE

AZIENDA OSPEDALIERO-UNIVERSITARIA
POLICLINICO UMBERTO I



SAPIENZA
UNIVERSITÀ DI ROMA

Ergonomics



ADAPTATION



Adattare le organizzazioni ai bisogni di operatore e paziente

Il paziente e la famiglia al centro delle cure

“è uno dei **valori** fondamentali di una organizzazione che guida la **programmazione**, lo **svolgimento** e la **valutazione** dei servizi sanitari che eroga, e si fonda su un’**alleanza reciproca che porta benefici** ai professionisti sanitari, ai pazienti, alle loro famiglie”

siamo tutti pazienti

Migliorare i risultati dell'assistenza sanitaria

Migliorare l'esperienza delle cure

Migliorare l'esperienza lavorativa di chi cura

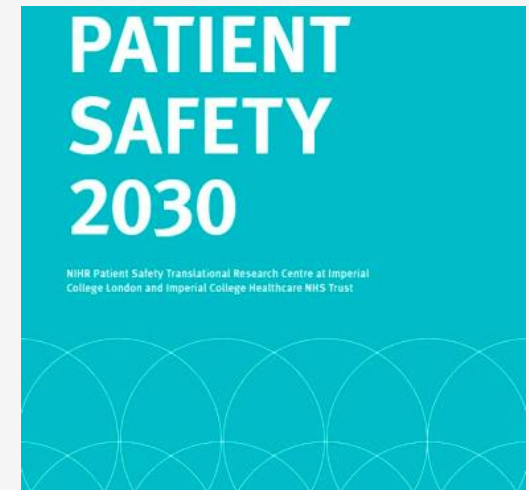
Migliorare i risultati delle cure per tutti i pazienti

PATIENT SAFETY 2030

I quattro pilastri per la sicurezza

- Approccio sistemico alla riduzione del danno
- Sviluppo della cultura della sicurezza
- **Coinvolgimento dei pazienti come partner nel campo della sicurezza**
- Prendere decisioni sulla base di evidenze e ragionamenti motivati e non rimanere inattivi nei confronti dei problemi aperti

NIHR Patient Safety Transnational Research Centre at Imperial College



WHO GLOBAL SAFETY ACTION PLAN (2021-2030)



4



Patient and family engagement

4.1
Co-development
of policies and
programmes with
patients

4.2
Learning from
patient experience
for safety
improvement

4.3
Patient advocates
and patient safety
champions

4.4
Patient safety
incident
disclosure to
victims

4.5
Information and
education to
patients
and families

WHO GLOBAL SAFETY ACTION PLAN (2021-2030)



4



Patient and family engagement

4.1
Co-development
of policies and
programmes with
patients

4.2
Learning from
patient experience
for safety
improvement

4.3
Patient advocates
and patient safety
champions

4.4
Patient safety
incident
disclosure to
victims

4.5
Information and
education to
patients
and families

I «campioni»



Search

[Advanced search](#)

Patient safety

[Patient safety](#)

[Research](#)

[Campaigns](#)

[Education & training](#)

[Implementing change](#)

[Patient engagement](#)

[Information centre](#)

[News and events](#)

Patients for Patient Safety

Patients for Patient Safety (PFPS) emphasizes the central role patients and consumers can play in efforts to improve the quality and safety of health care around the world. PFPS works with a global network of patients, consumers, caregivers, and consumer organizations to support patient involvement in patient safety programmes, both within countries and in the global programmes of WHO Patient Safety. The ultimate purpose is to improve health-care safety in all health-care settings throughout the world by involving consumers and patients as partners.

Patients for Patient Safety Champions



Our latest PFPS Initiative

New WHO Patient Safety tool for mothers and babies

The Patients for Patient Safety team of WHO Patient Safety, in collaboration with WHO Reproductive Health Research, is creating a patient-held safety tool that will help increase safety for mothers and their newborn babies during the first seven days after birth,

About us

[WHO Patient Safety](#)

[The PFPS team](#)

Background

[How patient engagement became a priority](#)

[Frequently asked questions](#)

PFPS News

[PFPS News - November 2010](#)

[pdf, 571kb](#)

[More news](#)

[More newsletters](#)

Le origini

umentare la consapevolezza dell'importanza del coinvolgimento del paziente e dell'empowerment per il miglioramento della sicurezza dei farmaci

condividere le esperienze dei pazienti e delle famiglie di tutto il mondo

impegnarsi attivamente per promuovere il coinvolgimento del paziente e della famiglia nell'ambito della sicurezza dei farmaci

PFPS WORLD HEALTH ASSEMBLY 2013, Australia - Engaging Patients in Medication Safety



Patient- and Family-Centered Care Organizational Self-Assessment Tool
 Elements of Hospital-Based Patient- and Family-Centered Care (PFCC) and Examples of
 Current Practice with Patient and Family (PF) Partnerships

Domain	Element	Rating					Do not know
		Low	2	3	4	High	
Leadership / Operations	Clear statement of commitment to PFCC and PF partnerships	1	2	3	4	5	
	Explicit expectation, accountability, measurement of PFCC	1	2	3	4	5	
Mission, Vision, Values	PF inclusion in policy, procedure, program, guideline development, Governing Board activities	1	2	3	4	5	
	PFCC included in mission, vision, and/or core values	1	2	3	4	5	
Advisors	PF-friendly Patient Bill of Rights and Responsibilities	1	2	3	4	5	
	PF serve on hospital committees	1	2	3	4	5	
Quality Improvement	PF participate in quality and safety rounds	1	2	3	4	5	
	Patient and family advisory councils	1	2	3	4	5	
	PF voice informs strategic/operational aims/goals	1	2	3	4	5	
	PF active participants on task forces, QI teams	1	2	3	4	5	
Personnel	PF interviewed as part of walk-rounds	1	2	3	4	5	
	PF participate in quality, safety, and risk meetings	1	2	3	4	5	
	PF part of team attending IHI, NPSF, and other meetings	1	2	3	4	5	
	Expectation for collaboration with PF in job descriptions and PAS	1	2	3	4	5	
Environment and Design	PF participate on interview teams, search committees	1	2	3	4	5	
	PF welcome new staff at new employee orientation	1	2	3	4	5	
	Staff/physicians prepared for and supported in PFCC practice	1	2	3	4	5	
	Environment supports patient and family presence and participation as well as interdisciplinary collaboration	1	2	3	4	5	



**What You Need to Know about Medication Errors:
 A Fact Sheet for Patients and Their Family Members**

One of the most common types of medical mistakes has to do with medication errors – when patients take too many, too few, or the wrong pills. Medication errors can be very serious and lead to serious complications, admission to the hospital or even death. The good news is that patients and family members can help prevent medication errors.

Many medication errors occur at “transition points” such as when patients enter the hospital, move from one room to another, or leave the hospital to go home. There are some ways you can help prevent medication errors at these transition points.

A list of your medications:

You can help prevent errors by knowing about all the medications you take. But this can be hard to do. To help, make a list of all your medications. Then bring this list each time you see a doctor or nurse. Your medication list should include:

- Names of all your medications (include over-the-counter and herbal remedies)
- Dosages (how much you take of each medication)
- Time (when you take each medication)
- Ways you take each medication (such as a pill, patch, or liquid)

Up-to-date medication information:

- Make sure to keep your medication list up-to-date.
- Ask the doctor or nurse if your list includes all the medications you take now.
 - Change the information on your list each time you start or stop taking a medication.
 - Ask a pharmacist to review your medication list and make any needed changes.
 - Make sure that the medications you are taking do not interact with one another. Ask your pharmacist for help if you aren't sure. You can also look on the Internet for websites that help you figure out what medications should not be taken together. One you may try is www.drugs.com.
 - Try to use the same pharmacy for all your prescriptions and refills, so that your pharmacist can tell you about medications that you should not take at the same time.
 - Throw away all medications you no longer take.

Ways to use a medication list:

- Bring your medication list each time you go to the hospital, emergency room, or clinic.
- If you are too sick to do so yourself, ask a family member to show the medication list to your doctors and nurses.
- Make sure your family has your doctor's name and phone number. This way, they can help the hospital staff find out what medications you take.
- When you leave the hospital, talk with the doctor or nurse about the medications you will take at home. This is also a good time to ask why you need to take these medications.

You can learn more about Medication Errors as they relate to the 5 Million Lives Campaign at www.ihl.org.

Josie's Story

Public Broadcasting Service (PBS)

Eighteen-month-old Josie King died from medical errors incurred at Johns Hopkins Hospital. Her mother, Sorrel King, later worked with hospitals to develop a way for patients and their families to summon a Rapid Response Team to the bedside within minutes.

This is just one story. Between 44,000 and 98,000 patients die in US hospitals every year due to medical errors, more than those people who die in automobile accidents. You can help change that by joining the new IHI Open School for Health Professions, designed to help students in all health-related professions learn about patient safety and quality improvement.

For motivation, watch Sorrel King speak to an audience at Johns Hopkins about how she transformed her grief and anger into determination to make health care safer. Note: There are no learning objectives associated with this video.

This video courtesy of the PBS series "Remaking American Medicine."



Le storie e la voce dei pazienti e familiari

La partecipazione dei pazienti alle visite multidisciplinari

L'alleanza con i pazienti, le famiglie, le comunità

Institute for Healthcare Improvement
 Improving Health and Health Care Worldwide

ABOUT US TOPICS EDUCATION RESOURCES REGIONS ENGAGE WITH IHI

Home / Topics / Patient- and Family-Centered Care

Person- and Family-Centered Care

Introduction
 Overview
 Getting Started
 Education
 Resources

GETTING STARTED
 Need some help getting started? We have some suggested resources for you.

TOOLS AND RESOURCES
 Patient- and Family-Centered Care Organizational Self-Assessment Tool

RELATED TOPICS

WHO GLOBAL SAFETY ACTION PLAN (2021-2030)



4



Patient and family engagement

4.1
Co-development
of policies and
programmes with
patients

4.2
Learning from
patient experience
for safety
improvement

4.3
Patient advocates
and patient safety
champions

4.4
Patient safety
incident
disclosure to
victims

4.5
Information and
education to
patients
and families

Strumenti



PATIENT INFORMATION FOR SURGICAL SAFETY

Your active participation in health care is important for your safety. This information will help your discussion with your care-provider. Be a well-informed partner in your own care.

Available for free download from the Essential and Emergency Surgical Care Programme <http://www.who.int/surgery/en> and Patients for Patient Safety Programme http://www.who.int/patientsafety/patients_for_patient/en



©WORLD HEALTH ORGANIZATION 2015.
ALL RIGHTS RESERVED. WHO/MSD/2015.18



WHAT YOU NEED TO KNOW BEFORE AND AFTER SURGERY



WHAT YOU NEED TO KNOW BEFORE AND AFTER SURGERY

If you or your child is undergoing a surgical procedure, be sure to communicate the following to your health-care provider

BEFORE SURGERY

1. Tell them about your previous surgeries, anesthesia and current medications, including herbal remedies
2. Tell them if you are pregnant or breast-feeding
3. Tell them about your health conditions (allergies, diabetes, breathing problems, high blood pressure, anxiety, etc.)
4. Ask about the expected length of your hospital stay
5. Ask for personal hygiene instructions
6. Ask them how your pain will be treated
7. Ask about fluid or food restrictions
8. Ask what you should avoid doing before surgery
9. Make sure that the correct site of your surgery is clearly marked on your body

AFTER SURGERY

1. Tell them about any bleeding, difficulty breathing, pain, fever, dizziness, vomiting or unexpected reactions
2. Ask them how you can minimize infections
3. Ask them when you can eat food and drink fluids
4. Ask when you can resume normal activity (e.g. walking, bathing, lifting heavy objects, driving, sexual activity, etc.)
5. Ask what, if anything, you should avoid doing after surgery
6. Ask about the removal of stitches and plasters
7. Ask about any potential side effects of prescribed medications
8. Ask when you should come back for a check-up

Informare per supportare

AHRQ Agency for Healthcare Research and Quality
 Advancing Excellence in Health Care

Health Care Information | For Patients & Consumers | For Professionals | For Policymakers | Research Tools & Data | Funding & Grants | Offices, Centers & Programs | News & Events

Home > For Patients & Consumers > Patient Involvement > Questions To Ask Your Doctor

Care Planning
 Diagnosis & Treatment
Patient Involvement
 > Questions To Ask Your Doctor
 > Patient and Clinician Videos
 > Tips & Tools
 > Conozca las preguntas
 > Healthy Men
 Prevention & Health

Before Your Appointment

Questions Are the Answer

You can make sure you get the best possible care by being an active member of your health care team. Being involved means being prepared and asking questions.

Asking questions about your diagnoses, treatments, and medicines can improve the quality, safety, and effectiveness of your health care.

Taking steps before your medical appointments will help you to make the most of your time with your doctor and health care team.

Prepare your questions

Time is limited during doctor visits. Prepare for your appointment by thinking about what you want to do during your next visit. Do you want to:

- Talk about a health problem?
- Get or change a medicine?
- Get medical tests?
- Talk about surgery or treatment options?

DID YOU KNOW?

Patients who ask questions and take an active role are happier with their care and see more improvement in their health than patients who do not.

OTHER HELPFUL TIPS

These steps will also help prepare for your appointment:

- Ask someone to go to your appointment with you to help you understand and remember answers to your questions.
- Create a health history that includes your current conditions and past surgeries or illnesses. Bring it to your appointment.
- Know your family's health history, such as your parents' health conditions.
- Bring all your medicines with you.

Write down your questions to bring to your appointment. The answers can help you make better decisions, get good care, Before Your Appointment | Agency for Healthcare Research & Quality - Google Chr

My Medicine List

(As of _____)

My Allergies to Medicines _____

My Regular Medicines (Bring this form to your next appointment.)
 Remember to include any over-the-counter medicines, vitamins, or supplements on the list.

Name (brand and generic)	Why do I take it?	Who prescribed this medicine?	When did I start taking this medicine?	How much do I take?	When do I take it?	Notes

Medicines I Need to Stop Taking

Name (brand and generic)	Why did I take it?	Why was it stopped?

Sicurezza del farmaco

Readability

Revisione contenuti con i Clinical Risk Manager SST

Revisione comprensibilità con i cittadini esperti

La cura sicura

Ascolta. Comprendi. Agisci.



17 Settembre
Giornata Mondiale
della Sicurezza
del Paziente



17/09/2019 - 1ª Giornata Mondiale della Sicurezza del Paziente

5 Momenti per la sicurezza della terapia

Partecipa attivamente al processo di cura, poni domande sui farmaci che assumi e comunica apertamente con il medico

- 1. Iniziare**
 - Ho comunicato il mio stato di salute e le mie allergie ai professionisti sanitari che mi stanno seguendo?
 - Quali il nome del farmaco che devo assumere e a cosa serve?
 - Quali sono i rischi che corro nell'assumere questo farmaco e i possibili effetti indesiderati?
 - Esiste un'altra modalità di trattamento della mia malattia?
 - Come devo conservare questo farmaco?
- 2. Assumere**
 - Quando devo prendere il farmaco e in quale dose?
 - Come devo prendere questo farmaco?
 - Esistono cibi, bevande, integratori, prodotti omeopatici che possono interagire con questo farmaco?
 - Cosa devo fare se mi scordo di assumere una dose del farmaco?
 - Cosa devo fare se si manifesta un effetto indesiderato?
- 3. Aggiungere**
 - Ho informato i professionisti sanitari dei farmaci che sto già assumendo?
 - Sarò in grado di gestire l'assunzione di più farmaci contemporaneamente?
 - Ho letto la mia terapia insieme al medico?
 - I nuovi farmaci possono interagire con quelli che sto già assumendo?
 - Cosa devo fare se ho il sospetto di una interazione tra farmaci?
- 4. Cambiare**
 - Quando devo interrompere l'assunzione di un farmaco?
 - Tra i farmaci che sto assumendo, ce n'è qualcuno che non devo interrompere improvvisamente?
 - Cosa devo fare se mi vengono somministrati un farmaco?
 - Se sono costretto a interrompere la terapia a causa di un effetto indesiderato, a chi devo comunicarlo?
 - Cosa devo fare con i farmaci avanzati o scaduti?
- 5. Finire**

UNIVERSITÀ DI ROMA | AZIENDA OSPEDALIERO-UNIVERSITARIA POLICLINICO UMBERTO I | ARS TOSCANA

video promo
website
social network



Formare la comunità

Creare una comunità che promuove una cultura della sicurezza trasversale

Un'Accademia del cittadino

*Migliorare insieme la qualità
e la sicurezza delle cure*

2009 - I° edizione



*Informarsi, valutare e agire
per il cambiamento*

2012 - II° edizione



*Formarsi per praticare
il diritto alla salute delle cure*

2017 - III° edizione



I cartoon per la sicurezza del paziente



WHO GLOBAL SAFETY ACTION PLAN (2021-2030)



4



Patient and family engagement

4.1
Co-development of policies and programmes with patients

4.2
Learning from patient experience for safety improvement

4.3
Patient advocates and patient safety champions

4.4
Patient safety incident disclosure to victims

4.5
Information and education to patients and families

Ministero della Salute

Uniti per la sicurezza - Dieci Guide per una assistenza sanitaria più sicura

Uniti per la sicurezza - Dieci Guide per una assistenza sanitaria più sicura

A cura di Ministero della Salute

Download

- > [Guida Strutture Sanitarie \(pdf, 2 Mb\)](#) (PDF 2.06 Mb)
- > [Guida per gli operatori](#) (PDF 0.94 Mb)
- > [Guida per i cittadini](#) (PDF 1.01 Mb)
- > [Guida per i familiari](#) (PDF 1.00 Mb)
- > [Guida per i volontari](#) (PDF 0.96 Mb)
- > [Guida per i pazienti degli studi odontoiatrici](#) (PDF 0.84 Mb)
- > [Guida per l'uso sicuro dei farmaci](#) (PDF 1.01 Mb)
- > [Guida per l'assistenza a casa](#) (PDF 0.87 Mb)
- > [Guida per gli operatori che assistono a domicilio](#) (PDF 0.84 Mb)
- > [Guida per i pazienti oncologici](#) (PDF 0.75 Mb)



Ministero della Salute

DIPARTIMENTO DELLA QUALITÀ

DIREZIONE GENERALE DELLA PROGRAMMAZIONE SANITARIA, DEI LIVELLI DI
ASSISTENZA E DEI PRINCIPI ETICI DI SISTEMA

UFFICIO III

RACCOMANDAZIONE PER LA COMUNICAZIONE AI PAZIENTI DEGLI
EVENTI AVVERSI

**È essenziale una comunicazione
trasparente e onesta degli eventi avversi**

La comunicazione trasparente e onesta degli eventi avversi rappresenta un pilastro fondamentale per la gestione del rischio clinico e per mantenere il rapporto di fiducia tra il sistema sanitario, i cittadini ed i pazienti.

Al verificarsi di un evento avverso è necessario che gli operatori sanitari esprimano rincrescimento per l'accaduto ai pazienti o ai loro familiari.



Cosa chiedono i pazienti lesi e i loro familiari

- Comunicazione onesta, chiara e trasparente (Hobgood C. Et al., 2002)
- Spiegazioni e scuse (Schappach D, 2004)
- Attenzione alla relazione e agli aspetti emotivi (Kathleen M. Et al., 2005)
- Rispetto e ascolto del paziente e del suo punto di vista (Duclos C et al., 2005)
- Risarcimento adeguato e supporto al paziente (Clinton, Obama, 2006)
- Informazione e conoscenza (Gallagher T. Et al., 2007)
- Partecipazione e collaborazione nell'analisi e nella gestione degli eventi avversi (Accademia del Cittadino, 2010)



Cosa vogliono i pazienti lesi e i loro familiari

Essere aperti al dialogo e all'interazione con i pazienti può **mitigare la reazione dei pazienti** e promuovere un clima di fiducia

La mancanza di spiegazioni e l'assenza di scuse sono i motivi principali che incentivano **l'azione legale**

(Vincent C., 2007)



When Things go Wrong

RESPONDING TO ADVERSE EVENTS

Seven steps to patient safety
A guide for NHS staff



Seven steps to patient safety

- Step 1 Build a safety culture
- Step 2 Lead and support your staff
- Step 3 Integrate your risk management activity
- Step 4 Promote reporting
- Step 5 Involve and communicate with patients and the public
- Step 6 Learn and share safety lessons
- Step 7 Implement solutions to prevent harm



Open School

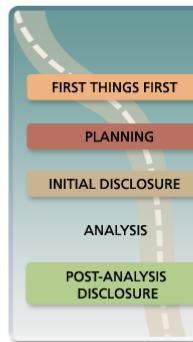
Patient Safety 105: Communicating with Patients after Adverse Events Summary Sheet

Lesson 1: The Importance of Communication when Things Go Wrong

- There are a number of reasons for not communicating when something bad happens:
 - A psychologically reactive need to preserve a sense of self
 - Fear of admitting responsibility for making an error that may have hurt someone
 - Fear of anger from the patient and/or someone in authority
 - Fear of loss of job or position
 - Threat of censure
 - Threat of medical malpractice claims
 - Fear of colleague disapproval
 - Fear of negative publicity
- Disclosure and communication should not be used interchangeably
 - **Disclosure:** The discussion of clinically significant facts between providers and/or other personnel and patients or their representatives about the occurrence of an adverse event that could reasonably be anticipated to result in harm in the foreseeable future.
 - **Communication:** This conveys “a sense of openness and reciprocity” and implies a continual dialogue.
- Communicating with a patient after an adverse event does not eliminate the risk of a lawsuit.
 - However, good communication has been shown to lower your risk of being sued.



THE DISCLOSURE ROADMAP



Disclosure checklist

IMPORTANT CMPA ADVICE:

The CMPA has for many years encouraged member physicians to discuss with patients the



Canadian Patient Safety Institute

Institut canadien pour la sécurité des patients



WHO GLOBAL SAFETY ACTION PLAN (2021-2030)



4



Patient and family engagement

4.1
Co-development of policies and programmes with patients

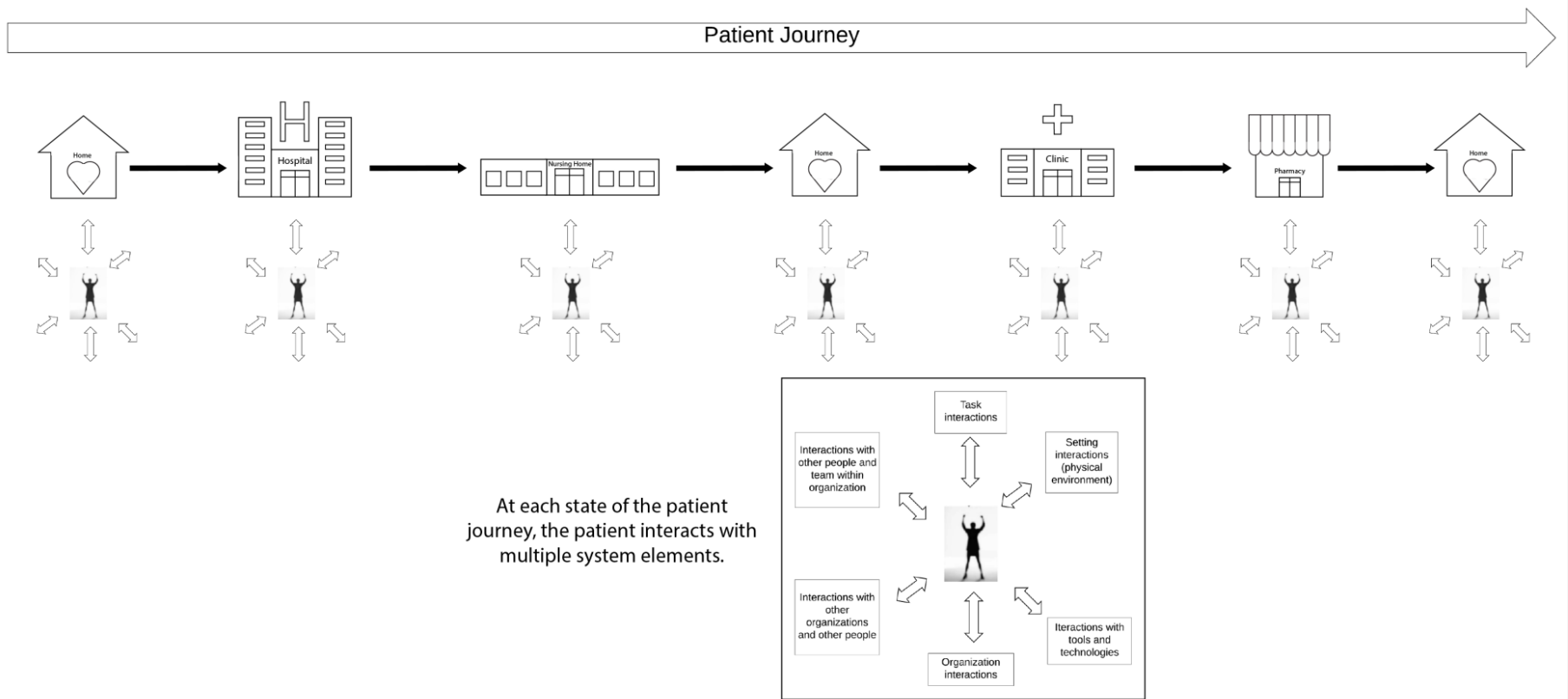
4.2
Learning from patient experience for safety improvement

4.3
Patient advocates and patient safety champions

4.4
Patient safety incident disclosure to victims

4.5
Information and education to patients and families

PATIENT JOURNEY e PDTA



 **Centro Senologico Integrato**
(BREAST UNIT)

*il Policlinico Umberto I
Per la donna con Tumore al seno:
Centro Senologico Integrato*





Insieme a



Con la collaborazione

Centro Servizi
SapienzaSport



Servizio OneDay OneSite

Percorso unico e facilitato

Call Center unico
Centro di Senologia

Servizi ROSA e counselling
di percorso

Comunicazione del
percorso alla donna

Tracciabilità e
accessibilità dati del
percorso

Formazione continua
team breast

Triplo test in un
giorno

Consulenza psicologica



Le barriere al coinvolgimento del paziente

[sistema sanitario]

Un sistema frammentato

Carenza di una leadership organizzativa

Cultura dei professionisti sanitari

Mancanza di strumenti efficaci per coinvolgere i pazienti

Elementi di successo per la partecipazione

la partecipazione deve essere
competente

partecipanti **rappresentativi**
del pubblico a cui ci riferiamo

momento in cui i cittadini sono coinvolti,
sufficientemente in tempo per avere un effetto sulla decisione

la **reale influenza** che la voce dei cittadini
può avere sulle decisioni

[Susan Sheridan, WHO Global consultation on Patient Safety 2016, Florence]



grazie per l'attenzione

Sara Albolino

s.albolino@policlinicoumberto1.it